



November 2013



Utah ADRC Quarterly Newsletter

NWD/ADRC Sustainability Competitive Continuation Funding FY14 Awarded

**UTAH ADRC Now
Serves over 85% of
the State's
Population**

In June, the U.S. Administration for Community Living (ACL) announced the funding opportunity for ADRC grantees to continue their No Wrong Door/Aging and Disability Resource Center programs to provide a one-stop-shop for older adults, people with disabilities, and their caregivers. This would provide an additional 12 months of funding for existing ADRC grantees to carry out their current activities under the Part B Sustainability Program Expansion funded in FY 2012. The Utah ADRC submitted our application on July 24, 2013 and are pleased to announce we were awarded the additional year of funding to continue to provide services to our community! A big thanks to all our ADRC sites and staff for their continued efforts and support to all our clients.

Sharon Lewis Named as Principal Deputy Administrator of ACL

Sharon Lewis was recently named Principal Deputy Administrator at the Administration for Community Living (ACL), as well as Secretary Sebelius' Senior Advisor on Disability Policy. Previously, Ms. Lewis led the Administration on Intellectual and Developmental Disabilities (AIDD), and she has committed over a decade to working on disability policy at the state and local level. Ms. Lewis has played a key role in ACL's development while serving as the Acting Principal Deputy over the last year.

Sharon was a featured speaker at the National Association of Councils on Developmental Disabilities (NACDD) Executive Director Leadership Summit, that was held in Midway, Utah on November 6-8th. The ADRC Program Office and the VA ORH Team had the pleasure to meet with Sharon to discuss our project

and learn more about her new role. Sharon also introduced herself to the Salt Lake County Aging Services Team prior to their team training.

November is National Family Caregivers Month

Since National Family Caregivers Month was first celebrated 16 years ago, our understanding of the experiences, needs and preferences of family caregivers has grown exponentially. Today, research informs us about the prevalence, diversity, and impact of family caregiving, and it points out issues that require creative and flexible solutions. We know that family caregivers often provide complex medical care for their loved ones and need to be closely involved in their transition from one care setting to another.

This month, Governor Gary Herbert has signed the Caregiver Declaration to show appreciation to family caregivers and also recognize the Utah Coalition for Caregiver Support, for its support and services to family caregivers throughout Utah.

ADRC/VA Project Update

We are 6 months into our project and are pleased to report we have served 224 Veteran clients at Salt Lake County, Mountainland, and Bear River Area Agencies on Aging. The project will expand to Active Re-Entry CIL in Moab and our newest ADRC site, Five County AOG, this year. The expansion will allow the ADRC to provide services to a great number of Veterans across the state. To Date, 77 ADRC and other agency staff have participated in 646.50 hours of VA training, and 65% of those participants have attended 2 more trainings.

Aging in America: We Can Do Better

NASUAD is pleased to unveil a new set of infographics that explore the funding and demand for, as well as provisions of, Older Americans Act (OAA) services, titled: Aging in America: We Can Do Better. Signed into law in 1965, the OAA is considered the primary vehicle for organizing, coordinating, and delivering community based services that help older adults maintain their dignity and independence. Through programs such as home delivered and congregate meals, transportation services, caregiver assistance, employment opportunities, and elder abuse prevention, the OAA enables millions of older adults to stay healthy and in their homes and communities, where they prefer to be, for longer than they might otherwise be able. In addition to responding to the needs and preferences of seniors, OAA is also cost effective. By helping older adults to age in place, OAA programs can prevent or delay the need for more costly institutional care, which translates into taxpayer savings and generates efficiencies in our nations healthcare system.

Read more here:

<http://www.nasuad.org/policy/federal-advocacy/advocacy-alerts/aging-america-we-can-do-better>

Got an Hour? Campaign

There are many seniors in your community who could use an hour of your time. According to a 2011 report from the Administration on Aging, there are roughly 11 million seniors living alone in their homes and nearly 1.5 million seniors in nursing homes at any given time. Programs set up through the state and localities, many of which are funded through the Older Americans Act, offer opportunities for these individuals to receive services, and meals, as well as programs to keep them busy and social. These programs thrive on volunteers giving an hour back to the older adults in their community.



Volunteering is easy -- Through senior centers, nursing homes, or connecting with a senior who lives in their home, there are a variety of ways you can give back.

Got an hour?

- Bring a meal to a senior in their home
- Play a game with a group at a local senior center
- Pick up prescriptions for a neighbor
- Volunteer as an ombudsman to help advocate for nursing home residents
- Bring members of your church or synagogue to services with you...

- See more at:

<http://nasuad.org/initiatives/volunteer-collaborative/got-hour-campaign#sthash.Qi0q2TSu.dpuf>

Hire My Care

HireMyCare.org is a web-based jobs board that connects caregivers, services and products to individuals looking for in-home care (Care Seekers). HireMyCare.org allows caregivers to search through postings or be listed to be searched for and hired.

Care Seekers can post a job opening and let caregivers apply or search through available Caregivers and vendors. Search results are filtered on up to 20 different criteria to meet the specific needs of the users, including proximity to

the care location, availability, pay rate, experience, education/certification, etc.
Vendors can advertise on the site or simply be listed and searched by Care
Seekers.

Find out more information at www.hiremycare.org

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Utah Aging & Disability Resource Connection
10 S. 2000 E. #3525
Salt Lake City, Utah 84112
US

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