



# Utah Aging & Disability Resource Connection Newsletter

## April 2012

**National Public Health Week - April 2-8**

"A Healthier America Begins Today: Join the Movement" Click [here](#) for more info.

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## News

### **New Medicaid Appeals Process**

A fundamental attribute of health insurance is the existence of enforceable protections to ensure that applicants will get coverage if they meet the eligibility requirements and enrollees with coverage will receive medically necessary services within their benefits package. Beneficiaries' ability to contest an adverse determination is a basic right recognized by law in all types of health insurance, including private insurance, Medicare, and insurance available to federal employees and members of the military, as well as Medicaid. The Medicaid appeals process, however, is different from the appeals processes available through the Medicare program and private health insurance. The new [guide](#) from the Kaiser Foundation is now available.

## Upcoming Events

**April 16, 2012 is [National Healthcare Decisions Day](#).**

**You can document your health care desires for medical treatment in your later years.**

**Join one of the local events in Cache County (see below). All persons over the age of 55 are invited to come.**

**April 16<sup>th</sup>, 2012  
Logan Library  
11AM to 1PM**

**Sponsored by the Cache Valley Hospice Coalition**

**Questions? Call 435-753-7001 (Pat)**

# Upcoming Webinars

**April - MyCase**

**May - Assistive Technology**

**June - Vocational Rehabilitation**

## Options Counseling Tip of the Month

**Who needs options counseling? Those with the most immediate need include:**

- **Individuals transitioning from hospitals**
- **Individuals transitioning from skilled nursing facilities or extended care facilities**
- **Individuals who wish to live in their homes or in a community setting but are at risk of going into a nursing home**

*Utah's ADRC can help you find the information you need to access community resources and services for seniors and persons with disabilities of all ages. To learn more about the ADRC, visit our [website!](#)*

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